

MENTAL HEALTH STRATEGY 2015-2018 – IMPACT ASSESSMENT

ACTION PLAN REPORT

INTRODUCTION AND COMMENTARY

1. Background

- 1.1 The [City of London Mental Health Strategy 2015-2018](#) was a joint strategy of the City Corporation City and Hackney Clinical Commissioning Group (the CCG). It was developed with partners, residents and service users.
- 1.2 The strategy was aligned to other strategies, including the Joint Health and Wellbeing Strategy, Social Wellbeing Strategy, Homelessness Strategy, Carers Strategy and Children and Young People Plan.
- 1.3 It was overseen by the Health and Wellbeing Board and Community and Children's Services Grand Committee, who monitored progress against an Action Plan.
- 1.4 The overarching aims of the strategy were:
 - To improve the mental health of people in the City and keep people well; and
 - To provide effective support for people with mental health problems.
- 1.5 It identified the four priority areas of *prevention*; *personalisation*; *recovery* and *delivery*, and three target populations: *residents*, *workers* and *rough sleepers*.

2. Independent Audit

- 2.1 The strategy was subject to an independent Mental Health Provision Audit, which reported in March 2019.
- 2.2 The Audit concluded that an adequate control framework had been in place for the strategy and welcomed the Action Plan.
- 2.3 The Audit highlighted areas where compliance could be tightened up to ensure system objectives are delivered:
 - The Action Plan should be updated every quarter
 - A more robust approach to managing supporting evidence should be developed to demonstrate delivery of actions.
- 2.4 These recommendations have informed the development of the accountability frameworks for a new mental health strategy, as part of a programme of work being led by the Integrated Commissioning Board. This will include closer oversight by a designated Mental Health Coordinating Committee, supported by a Joint Mental Health Team, with a focus on practice and implementation.

3. Inputs and Investment

- 3.1 The City and Hackney CCG is the main investor in mental health services, including GP practices, and invested a total of £44.5 million in mental health services in 2017-18.
- 3.2 The City Corporation's investment is also substantial with mental health accounting for around £1.4 million in 2017-18, a third of the adult social care budget. (This figure includes £282,000 for support for people with memory and cognition problems.)
- 3.3 In addition, a significant proportion of City Corporation spend in other areas supports mental health and wellbeing, notably children's social care, homelessness and rough sleeping, libraries, public health and SEND. There has been philanthropic support via the Stronger Communities Grant for key projects developed for the Social Wellbeing Strategy.
- 3.4 City Corporation funding has been critical for landmark projects in the delivery of the strategy. For example, a £150,000 investment for a Mental Health Triage Project with the CCG and City Police to run seven days a week. By supporting mental health nurses to go on patrol with police officers this has resulted in a 63% reduction in 'sections' under s. 136 of the Mental Health Act.
- 3.5 A key development in the lifetime of the strategy has been an increase in Government funding for the transformation of Child and Adolescent Mental Health Services (CAMHS). Investment in City and Hackney increased from £5.2 million in 2014-15 to £8.2 million this year. This enabled City and Hackney to see and help more young people than any other London Borough in 2017-18.

4. Key outcomes

4.1 A full breakdown of progress against the Mental Health Strategy 2015-18 is provided in the dashboard and table that follow this commentary. This section highlights some of the key achievements in progressing the four priorities.

4.2 On **prevention**:

- ✓ Business Healthy Network ran the 'Release the Pressure' mental health awareness campaign, targeting City Workers, the materials were seen 30 million times in the first four weeks.
- ✓ The Dragon Café in Shoe Lane Library has provided a bi-weekly space to 'release the pressure', with two thirds of Café users saying they were more likely to use public mental health services and that there had been a positive impact on their wellbeing.
- ✓ The number of referrals to the social prescribing services from the Neaman Practice (the City's only GP surgery) has risen with an increase in referrals to City-based activities.
- ✓ A new CCG-funded GP Dementia Lead for City and Hackney was appointed to improve rates of diagnosis.
- ✓ Development of Mental Health Street Triage (see 3.4 above).

4.3 On **personalisation**:

- ✓ Increased numbers of people with more serious mental health problems supported to live in the community through transfers from specialist care to GP and other primary care services.

Personalisation (continued)

- ✓ The First Steps programme at Sir John Cass Children's Centre has provided drop in sessions and parenting workshops on mental health and wellbeing with a third of families saying they've found the programme very useful.
- ✓ The Improving Access to Psychological Therapies (IAPT) programme saw an increase of investment from £3.2 million in 2015-16 to 3.4 million in 2017-18, with a reduction in waiting times in line with NHS standards, and over 3,000 people completing treatment in 2018-19.

4.4 On **recovery**:

- ✓ To support people on discharge from hospital, a full-time floating support officer was created as part of the rehabilitation contract with the East London Foundation Trust (ELFT), to work with service users to develop a personalised support plan for recovery in the community.
- ✓ The recovery rate in City and Hackney IAPT services is above the national target of 50%.
- ✓ There has been an improvement in employment advice and support for people with mental health problems, through the City and Hackney Psychological Therapies Alliance and the Working Capital and Central London Works programmes of employment support.

4.5 On **delivery**:

- ✓ A £300,000 investment in IAPT to improve access, including for BAME communities, delivering a 2% rise in access rates.
- ✓ Development and implementation of a Suicide Prevention Strategy.
- ✓ Improving access to settled accommodation for people with serious and enduring mental health problems, by commissioning. Re-enablement Step Down service.

- ✓ Getting people experiencing their first episode of psychosis into treatment within two weeks of referral, with City and Hackney achieving the national target in 2017-18.
- ✓ Ensuring children with diagnosable mental health conditions have access to evidence-based treatment by delivering the CAMHS transformation programme for City and Hackney.

5. Conclusion

5.1 Overall, the 2015-18 strategy has been implemented successfully with significant progress in mental health and wellbeing support for City residents and workers.

5.2 There are several areas where we do need to make further progress, and which will be central to a successor strategy.

5.3 Looking at the amber areas we need to:

- Transfer more people with serious and enduring mental health problems from secondary to primary care services;
- Further develop the pathways between CAMHS and adult mental health services
- Develop 24/7 community-based crisis support for children and young people
- Get more people into settled accommodation; and
- Ensuring we fully meet standards for our peri-natal services.

Other areas where there is more work to do include improving access for the most vulnerable people, people with physical health problems and all sections of our diverse communities.

5.4 We anticipate that the City and Hackney Mental Health Strategy 2019-23 will be finalised in September 2019, with an accompanying Action Plan. It will be delivered as part of the programme of work overseen by the Integrated Care Board.

2015-18 STRATEGY: DASHBOARD AND TABLE

Priority 1: PREVENTION	Priority 2: PERSONALISATION	Priority 3: RECOVERY	Priority 4: DELIVERY
20 Actions completed or ongoing NO Actions outstanding	9 Actions completed or ongoing 1 Action Outstanding AMBER: Transfers from secondary care to primary care increased to meet the target of 50 per month.	5 Actions completed or ongoing No Actions Outstanding	13 Actions completed or ongoing 4 Actions Outstanding AMBER: Provide a robust pathway for young people transitioning from CAMHS to Adult Mental Health services. Provide a 24/7 community-based mental health crisis response for children and young people. Increase the number of people with a mental health illness in settled accommodation. Ensure we are meeting all care standards for Perinatal mental Health needs

PRIORITY 1 Prevention

Objective: Promote good mental health and mental health self-help, and support prevention and early identification of mental health problems through mental health services, healthcare pathways and our work with the community.

Action:	Measure/outcome:	Lead partner	Comments:	RAG status
1.1 Deliver services that support primary prevention of mental health issues and support emotional wellbeing	Deliver 'Books on Prescription' throughout City libraries.	COL	Books on Prescription has been delivered Shoe Lane Library has "Sanctuary Spaces" and hosts talks to support mental health and wellbeing. Since February 2018 Shoe Lane has hosted the Dragon Café.	Green
	Promote the libraries role in mental health and wellbeing.			
	Extend the Learning Well Programme for people with low level mental health problems.	COL	Programme was extended for two years to 2016-17.	Completed
	Increase social prescribing by the Neaman Practice and to City-based activities.	COL CCG Family Action	The number of referrals increased in 2017/18.	Green
	A City lead allocated for the City and Hackney 5 to thrive programme and City based 5 to thrive events delivered.	COL CCG	This forms part of the Square Mile service and the City will monitor this at monitoring meetings.	
	Prevention-focused education through City and Hackney Young People's Services Plus	COL	Services launched in 2016. Ongoing work with the providers to increase engagement of City children and young people.	
	The Living Wise service enables informed choices for mental health and wellbeing.	COL	Service operating since October 2018	

1.2 Provide Mental Health education and promote positive Mental Health messages through our commissioned services	The Square Mile Health service provides information on the links between substance misuse, smoking and mental health.	COL	This forms part of the offer from the Square Mile Health Tobacco, Alcohol and Drug Support service	Green
	The Toynbee Hall City Advice Service training programme to cover advising where people have mental health problems.	COL	Service manager attended workshops on Mental Health provision, and shared learning with the team. Referral and joint working arrangements have been set up with Mind and a local suicide prevention charity.	
1.3 Commission clinical services that enable early identification of mental health issues and provide treatment for mild to moderate issues	Swift referral into brief psychological support for children and young people through a new young person health and wellbeing service.	COL	City and Hackney Young People's Services Plus operating, with work ongoing to increase engagement of City young people.	Green
	Reduced waiting times for Improving Access to Psychological Therapies (IAPT).	CCG	City & Hackney Mental Health Programme Board has invested additional funding to reduce waiting times.	
1.4 Commission Mental Health first aid training for frontline corporation staff	Number of frontline-staff trained in mental health first aid.	COL	Mental Health First Aid Courses have been taking place twice a year through the Business Healthy network.	Green
1.5 Provide training to increase support for children and young people's emotional health to practitioners	Mental health first aid training for front line staff and partners who work with children.	COL	Delivered to the 8 City family of schools in May 2019.	Green
1.6 Provide extra support to children and unborn children in families where adults have mental health and/or substance abuse issues.	Audit and evaluate the use of the 'Think Family' approach.	COL	A multi-agency audit by the Safeguarding Children Board in 2019 found that the Think Family approach was having a positive impact in addressing need.	Green

1.7 Identify and provide additional mental health support for our most vulnerable children and young people with social care needs and children in care	Conduct mental health needs assessments	COL	Included in: 0-5 Needs Assessment; Substance Misuse Needs Assessment 5-19 Needs Assessment Assessments are being reviewed and updated.	Green
	Commission an enhanced CAMHS service for looked after children.	COL	Contract for an enhanced CAMHS service is in place.	Green
1.8 Deliver additional mental health support to vulnerable new and expectant mothers	Commission an enhanced health visiting service	COL	New health visitor service provided by the Homerton Hospital.	Green
1.9 Implement the Carers' Strategy to reduce the risk that a caring role may lead to mental ill health	Implementation of a COL Carers' Strategy	COL	The Carers Strategy has been renewed.	Green
	City Carers Service as part of the Reach Out Network to provide help, advice and support for Adult Carers.	COL	The Reach Out Network will now become part of the new Early Intervention and Ongoing Support Service.	Green
1.10 Identify and support young carers, including their mental health and wellbeing	Refresh the Young Carers Strategy	COL	A new Carers Strategy covering young carers has been produced and signed off	Completed
1.11 Integrate care pathways to meet the mental health needs of people with long-term physical health issues	Depression screening is included in the diabetes template in primary care.	CCG	Depression screening has been included.	Completed
	Five to Thrive reminder in Recovery Care Plans	CCG	Now routinely included.	Completed
	Mental Health check included in young people's health checks in primary care,	CCG	Mental health questions in template for clinicians	Completed

1.12 Develop and deliver an action plan to address social isolation and promote community cohesion to help prevent mental health issues from developing	Social Wellbeing Strategy developed and implemented.	COL	Launched in 2017, progress against an action plan is reported to CCS Committee.	Green
	Extend the City's befriending scheme to include people with low level mental health needs.	COL	The number of people accessing the befriending scheme has been increasing since its launch in 2016.	Green
	Include a Wellbeing and Independence Service in the new Reach Out network.	COL	The Reach Out Network service will be part of the new Early Intervention and Ongoing Support Service	Completed
	Provide a 'Little Explorers' program for mothers with young children at risk of social isolation.	COL	Little Explorers programme took place in 2016/17.	Completed
1.13 Improve diagnosis rates for dementia	Early identification and improved coding practices for dementia in primary care	CCG	A GP Dementia Lead and mental health facilitator are working with practices to improve diagnosis rates.	Green
1.14 Ensure that advice and support is available to those diagnosed with dementia and carers.	The Reach Out network to include a City Memory group to provide group and peer support	COL CCG	The Reach Out Network will now become part of the new Early Intervention and Ongoing Support Service.	Completed
	Establish a new integrated Dementia Care Pathway	COL CCG	The dementia care pathway is currently being updated.	Completed
	Provide those diagnosed with dementia with advanced care plans and crisis plans	COL CCG	The Dementia Alliance has capacity to ensure those diagnosed with dementia have a Coordinate My Care plan and an allocated dementia navigator.	Green
	All carers offered an assessment of their needs and receive carers support package	COL CCG		Green

1.15 Protect, and where possible enhance, the acoustic environment to mitigate against the Mental Health effects of noise	Identification of spaces in the City that would benefit from further protection or enhancement of the acoustic environment.	COL	City of London Noise Strategy 2016-26. Implementation of the Noise Strategy Action Plan.	Green
	Protection of areas of tranquillity			
	Encourage developers, architects and planners to consider acoustic environments.			
1.16 Improve the identification and treatment of mental health issues amongst rough sleepers through outreach services and on-street assessments	Evaluation of the EASL service to determine what further action is required to help rough sleepers with mild mental health needs into accommodation.	COL	The evaluation was completed in 2016 and has informed the development of homeless services.	Completed
	Assess the mental health needs of rough sleepers in the City.	COL CCG	Assessment completed and health care service for rough sleepers commissioned by CCG.	
1.17 Support the business community by providing tools and training to mitigate the impact of stress and anxiety on City Workers	Information on the Business Healthy resource pages.	COL	Business Healthy has added evidence onto the website,	Green
	City of London Corporation to run the 'This is Me' campaign.	COL	The campaign was run in 2018.	Completed
	A suicide prevention event for the business community.	COL	Business Healthy hold suicide prevention awareness training sessions 4 times a year with the Samaritans.	Green
	Identify and appraise options for providing non-NHS mental health services for City workers and those on lower incomes.	COL	A Mental Health Centre in Middlesex Street is in development, with the expectation it will open in 2020.	
	Release the pressure campaign.	COL	Release the Pressure launched in summer 2017.	Completed

1.18 Increase access to Individual Placement Support (IPS) to provide routed into employment for people with severe and enduring issues	Increased access to IPS for SMI in secondary care services by 25%	CCG	An IPS service is being developed in community mental health teams (CMHTs). The mental health employment network has also been strengthened.	Green
1.19 Reduce rates of detention under the Mental Health Act	Rates of detention are reduced for those with SMI, psychotic disorders and those in crisis, particularly BAME people	COL CCG COLP	Mental Health Street Triage has reduced the rates of incarceration under s.136 of the Mental Health Act by 63%. COL is providing funding to enable the services to run seven days a week.	Green
1.20 Physical health screening and interventions for those with SMI	60% of those on GP SMI register have screening and NHS Health Checks	CCG	In 2018-19 the 60% target was supported by GP performance incentives and the employment of two HCAs.	Green

PRIORITY 2: Personalisation

Objective: Design and deliver services that are tailored to meet individual needs and offer people the greatest possible choice and control over their lives

Action:	Measure/outcome:	Lead partner	Comments:	RAG status
2.1 Design and deliver services that improve the experience of those with specific cultural needs and ensure equal access to services	Enable service users to feedback on Mental Health services.	CCG	The Mental Health Programme Board (MHPB) is consulting groups on how to improve services. The CCG is commissioning a co-design group of people with lived experience to support the MHPB.	Green
	Provide community psychology providing outreach to BME communities.	CCG	Tree of Life piloted with the BME population, as well as group therapy with Turkish and Kurdish communities.	Completed

2.2 Invest in mental health care in the community	Statutory sectors deliver care in accessible, less stigmatised community-based locations	CCG	A Crisis Café opened in 2016. More secondary care patients are being seen in primary care locations.	Green
	Community groups represented in commissioning and service design	CCG	The CCG Innovation fund is supporting a community psychology model for emotional health and well-being.	Green
	Community based specialist in team for children and young people.	CCG	The community team is in place.	Completed
	Community based staff recognise signs of psychosis to enable swifter referrals	CCG GP	The CCG Innovation fund supports a community psychology model for emotional health and well-being.	Green
	Provide First Steps sessions, which offer support for young people and their families experiencing emotional difficulties, in the community	COL	The first steps programme is run at SJC children's centre. This is now part of the wider children's centre review currently taking place.	Completed
2.3 Offer mental health support on GP practice premises where possible and transfer more case management to primary care	Increase cohort for Enhanced Primary Care mental health and increase staff capacity and skills.	CCG	This has been progressed by the CCG.	Completed
	Transfers increased to 50 per month.	CCG	Currently achieving approximately 50 a month	Amber
2.4 Increase the capacity of psychological therapy services	Reduce the waiting times for IAPT services.	CCG	NHSE waiting times standards have been met.	Green

2.5 Offer an extended range of Mental Health services	Increase range of interventions for Children and Young People, Dementia, Perinatal disorders, BME, Veterans, Homeless and those in crises.	CCG	Various work streams are extending services funded from recurrent, non- recurrent and innovation funding. For children and young people this includes implementation of the City and Hackney CAMHS transformation plan.	Green
2.6 Improve the physical health of those with enduring mental health issues.	Include a community health and mental health engagement service as part of the weight management and exercise on referral service	COL	This is provided as part of the Living Wise service.	Completed
	Refer people with low level mental health needs to physical activity services through social prescribing.	COL	Referrals increased between 2016 and 2018, with work ongoing to increase referrals of City residents.	Green
2.7 Provide vulnerable patients with enhanced care plans to help manage their needs and ensure that the care they receive is integrated.	Care planning in primary care for complex patients to improve service integration.	CCG	Shared care plans in place for frail/complex patients with dementia (on review, these were not felt to be a good option for less frail patients).	Green
	Establish a new integrated Dementia Care Pathway.	CCG COL	The pathway is in place and is being updated.	Green
	Develop a Care Act compliant Care Programme Approach for mental health with ELFT	COL	The new CPA process is in place. COL is represented on the Development Board	Green
	Establish a multi-agency hoarding and self-neglect panel	COL	The panel was set up in 2016 and has continued to meet. Six cases of hoarding/self-neglect have been progressed with a multi-disciplinary protection plan.	Completed

2.8 Research and assess the need for mental health services and support for victims and perpetrators of domestic violence and abuse, and their children	Include questions on mental health in assessments of victims and perpetrators and children, and refer appropriately.	COL	This action is complete. We either refer to CAMHS or to the Positive Change Programme.	Completed
	Explore options for a non-clinical alternative CAMHS for children and young people affected by domestic abuse	COL	Domestic Violence specialist social worker is in post.	Completed
2.9 Create a “dementia-friendly” City of London, so that people with dementia are well supported by the wider community.	Achieve Dementia friendly City status	COL	Dementia Friendly Status achieved	Completed
	Raise awareness amongst City residents and workers	COL	Adult Social Care workers have Dementia training and awareness raising as an appraisal objective. Commissioned providers in domiciliary care and community services have dementia targets.	Green
2.10 City residents registered with GPs in neighbouring areas will receive joined up mental health care	Explore options for referral routes and care pathways for City residents registered with out-of-area GPs.	COL Tower Hamlets CCG	COL meets regularly with the Tower Hamlets CCG to link across to their local integrated care networks and review referral routes and care pathways.	Green

PRIORITY 3: Recovery

Objective: Provide support that is focused on recovery and self-management

Action:	Measure/outcome:	Lead partner	Comments:	RAG status
3.1 A Mental Health Rehabilitation Programme for those stepping down from supported living	Mental Health rehabilitation project in place.	COL	Rehabilitation contract with ELFT.	Completed
3.2 Employ a floating support worker to facilitate integration and support independence	Floating support worker recruited.	COL	Full time Floating support for individual service users was included with the ELFT rehabilitation contract and personalised support plans were put in place.	Completed
3.3 Provide employment support and advice for individuals with mental health issues	Individuals with mental health issues receive employment support as part of their care package to gain employment or stay in employment.	CCG COL	Implemented as part of the delivery of the CCG's Psychological Therapies Alliance. Provided through COL participation in the Working Capital and Central London Works programmes.	Green
3.4 Provide recovery methods to support those who find it difficult to commit to regular treatment	Establishment of Service User Network, for individuals who frequently present to health services in crisis to provide recovery/self-help strategies.	ELFT/ City and Hackney Mind	The Service User Network is operating successfully.	Green
3.5 Increase IAPT recovery rate (50% national target)	IAPT recovery rate is above target.	CCG	The recovery rate is above target and is projected to stay that way.	Green

Objective: Commit to delivering effective Mental Health Services and respond effectively to people in crisis

Action:	Measure/outcome:	Lead partner	Comments:	RAG status
4.1 Minimise the number of suicides in the City by co-ordinating a multi-agency approach to suicide prevention	A Suicide Prevention Action Plan developed and implemented.	COL	The Suicide Action Plan was renewed in June 2017 and is a joint document with the City of London Police, with progress regularly reported to the Health and Wellbeing Board (last report was on 14 June 2019).	Green
	The implementation of the Bridge Pilot to reduce the number of people committing suicide from City Bridges.	COL	The bridge pilot ran from April 2016-April 2017. A formal evaluation was completed in 2018. Samaritans signs are up on all but one City bridge and 10,000 leaflets have been distributed.	Green
	Front-line staff and members of the general public trained in suicide prevention.	COL	Suicide prevention awareness training is being delivered with Samaritans.	Green
4.2 Provide an out-of-hours “safety net” for those with recurring mental health problems or at crisis point	Set up a crisis network which includes a 24 hours helpline and an open door, drop in service for vulnerable individuals.	ELFT/ C&H Mind	Both the Service User Network and Crisis Café are open and successfully operational. Both have been agreed for extended funding. Mental Health Street Triage is supporting people in crisis.	Completed
4.3 Provide a robust pathway for young people transitioning from CAMHS to Adult Mental Health services	Continue to discuss cases transitioning to adult services through the Transitions Forum.	COL/ CCG	A new Carers Strategy has been developed and signed off, which includes young carers.	Amber
4.4 Work to create better physical health for people with mental health issues	Include a community health engagement service as part of the weight management and exercise on referral service.	COL	The City Living Wise service commenced delivery in October 2017.	Completed

Work to create better physical health for people with mental health issues (Continued)	Development of a shared-care protocol to improve the physical healthcare of patients prescribed psychotropic medication.	CCG	A protocol has been developed and is being agreed with providers.	Green
	Improved identification and referral to MH treatment for people with long-term conditions and medically unexplained symptoms.	CCG	The current target for health checks for people with serious and enduring mental health problems is 50%. A frequent attenders review has been included in the GP contract, along with mandatory training on medically unexplained symptoms.	
4.5 Develop a robust pathway together with substance misuse services to ensure that those with a dual diagnosis receive better care.	WDP and Adult Social Care have redeveloped the pathway for those with dual diagnoses.	COL	The revised pathway document was signed off. Work is currently in progress to recommission this service.	Green
4.6 Increase ease of accessing treatment for City residents.	There is provision and access to mental health services for hard to reach community groups	CCG	Development of self-referral and referral by schools for CAMHS services.	Green
4.7 Reduce suicide rates by 10%.	Reduction of suicide rates in Hackney by 10%	COL CCG	There is a joint multi-agency plan to reduce suicide rates by 10%. Key areas of progress included Mental Health Street Triage and creation of a 24/7 crisis line, supported by a crisis café and crisis therapy project.	Green
4.8 Increase access to IAPT by 15.8%.	An increase in access rates for IAPT, including access and recovery rates for BAME and older people	CCG	Investment of £300,000 will increase access rates by 2%. This includes work with three voluntary sector organisations with reach into BAME communities. GPs are being encouraged to increase referrals of older adults, with the CCG monitoring progress.	Green

4.9 Reduced waiting times for IAPT services	75% of people to have been seen by IAPT within 6 weeks, and 95% within 18 weeks.	CCG	These targets are being achieved consistently.	Completed
4.10 Ensure children with diagnosable MH condition have access to evidence-based treatment.	28% of children with diagnosable MH condition have access to evidence-based treatment.	CCG	Delivery against these targets is on track as part of the CAMHS Transformation Plan.	Completed
4.11 24/7 community-based mental health crisis response for CYP	A 24/7 community based mental health crisis response for CYP is available	CCG	In 2018-19 the response in A&E was expanded through investment in Psychiatric Liaison for children and young people. A crisis café for this group will also be piloted.	Amber
4.12 95% of CYP receive treatment for eating disorder within 4 weeks (routine) or 1 week (urgent) – community eating disorder teams	95% of CYP with eating disorder receive treatment within 4 weeks (routine) or 1 week (urgent)	CCG	This is part of the CAMHS Transformation Programme. Current standards requirements are being met. We are on target to meet future trajectories as more requirements / targets come into place	Green
4.13 Ensure people with first experience of psychosis start treatment within 2 weeks of referral	People with first experience of psychosis start treatment within 2 weeks of referral	CCG	National waiting time target achieved in 2017-18.	Green
4.14 Eliminate out of area placements for non-specialist acute care by 2020/2021	No out of area placements for non-specialist acute care for City & Hackney	CCG	There are no out of area placements for non-specialist acute case for City and Hackney.	Green
4.15 Ensure 24/7 access to community crisis resolution teams, home treatment teams and MH liaison in acute trusts	Reduced mental health admissions including self-harm and detention under the Mental Health Act	CCG	Funding has been allocated to provide a 24/7 home visiting emergency assessment service, with NHS England funding for a psychologist to run a self-harm clinic for adults	Green

4.16 Increase the number of people with a mental health illness in settled accommodation	Reduced level of unsettled accommodation for people with mental health problems.	CCG COL	City of London commissions ELFT to deliver a Reablement Step-Down service for people with mental health issues in supported housing to be ready to move-on and offers ongoing support in their new home. Funding has been secured for a one-year Housing First pilot.	Amber
4.17 Ensure we are meeting all care standards for Perinatal mental Health needs	100% of perinatal mental health needs are met and care is NICE compliant		City and Hackney has a reasonably comprehensive service which is mostly NICE compliant. A bid has been submitted to the STP for additional investment in perinatal care.	Amber